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A Publication of City Rescue Mission





Rebuilding Hope, Rebuilding Lives

Dear Caring Friend,

When someone like Rebecca comes to us searching for a transformed life, we do everything we can to help them. Whether they need comfort and support after experiencing the harshness of life, are ready to get sober, or need a helping hand off the street and into permanent housing, thanks to you, City Rescue Mission is here and ready.

As you read this issue of The Mission and learn Rebecca's and Rodney's stories, I hope you'll remember the impact you are making for people who are often at their lowest point when we first see them.

That's why I'm grateful for your continuing generosity toward hurting people in our city. Because of your support this spring, we will be stronger and able to help our friends and neighbors put one foot in front of the other until they are on the path to a better life.

Thank you, and may God bless you,

Frin Loodin

Erin Goodin President & CEO

Safe from Harm, Thanks to You

In a life-or-death situation, City Rescue Mission was there to help.



Because of you, Rebecca and her children are safe, happy and looking forward to what the future holds.

When Rebecca got married, it felt like the start of a wonderful life. She soon had beautiful young kids and what seemed like a loving relationship with her husband. But things soon changed for the worse as he began abusing drugs and alcohol.

As his chemical dependence deepened, his expressions of love to Rebecca and their children turned to anger and rage. He began to be physically, mentally and emotionally abusive.

"I hit rock bottom when he started threatening to have me murdered by his family," Rebecca says.

Rebecca had to leave, but she had nowhere to go. Thankfully, she found City Rescue Mission, and we welcomed them in right away.

As Rebecca worked through our programs, she began healing and recovering from the

trauma she had endured. Today, she feels like a new person, ready to do whatever she can to improve her life and the lives of her kids.

She is looking forward to graduating and living independently with her children.

"My main goal is finding work and being the person I want to be," she says. "I don't want to be scared or afraid anymore. I want to push forward and give my best shot at showing who I really am."

Thank you for supporting Rebecca and her little ones when they had nowhere else to go. The help you allowed City Rescue Mission to provide will impact their family for generations.

Healthy, Sober and Ready for a **Productive Life**



After nearly a decade of struggling to survive on the streets, Rodney was able to pave his way back to a fruitful life. He got his CDL to drive semi-trucks, which he found fulfilling.

But after a rough patch, he turned to substances for relief. Rodney spiraled downward.

"My rock bottom was being unable to support myself and being a non-functioning member of society," he remembers. "I had absolutely nothing and

What Rodney would soon know was that although he felt entirely alone, City Rescue Mission was standing by, ready to help.

"When I got here, I had such a sense of relief that I had somewhere to go on a journey to get myself right," Rodney says.

Today, thanks to our recovery program and his work therapy in the kitchen, Rodney is feeling better than ever. After graduation, Rodney plans to resume truck driving and live a sober, productive life.

It is only because of supporters like you that City Rescue Mission can continue to keep its doors open for people like Rodney. Thank you for changing lives.

*Photo changed to protect identity.



Our 2021 **Impact Report** is Here!

2021 was a tremendous year for City Rescue Mission, especially as the pandemic continues to disrupt and complicate daily life for people in our community. Use your smartphone to scan this QR code to see the impact you have made for people who were crying out for a transformed life.





MATCHING CHALLENGE

Right now, anything you give to support City Rescue Mission will be DOUBLED, up to \$50,000, thanks to a generous group of donors.

This limited-time match couldn't come at a better time as people in our community continue to be pushed to the brink of hunger and homelessness as the cost of food and rent rise month after month.

They are desperate for hope, and thanks to the support of caring people like you, City Rescue Mission will be there to give them a helping hand.

Over 10,000 people were served by programs such as ours in Oklahoma City over the last year, and the need has only increased. Homelessness and addiction can affect anyone — that's what we're up against.

Please send a gift today to provide meals, care and hope. Your generosity will go twice as far to help heal hurting people in our community. Thank you.



Save the Date



MISSION OF HOPE September 20th, 2022 WITH ENTERTAINER Dustin Tavella WINNER, AMERICA'S GOT TALENT 202°



We Just Can't Agree!

Have you ever found yourself struggling to get on the same page as your partner? Maybe you're at odds on how to structure your legacy planning. Here's some help.

- 1. See conflict as an opportunity. Conflict is uncomfortable but it's unavoidable. The best way to resolve conflict is to see it as *necessary* for growth.
- 2. The wise way is better than "my way." It's normal to think our way is superior, and sometimes it is! But sometimes we're being motivated by self-preservation or fear. When we can unpack why we are feeling a certain way, it can help us humble ourselves to hear someone else's idea — which may be the wiser choice.
- 3. Consider inspiration over information. There's a big difference between seeing your estate plan as a complicated financial arrangement and seeing it as an expression of your values.

For the full version of this article, request a FREE copy of "Can't Get on the Same Page? Here's Help." by checking the box on the enclosed reply form and returning it in the envelope provided.

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You Can Change a Life Today!

Send back the enclosed reply form with your gift to provide meals, care and life-changing services to individuals who are alone with nowhere else to turn. Please give generously and offer your encouragement to the neighbors in our community who are rebuilding broken lives one day at a time. Thank you!







